



## **Covenant Hospice and Pepsi Refresh Project**

**Pensacola, FL** - Covenant Hospice, located in Pensacola, Florida is seeking votes to support their Pepsi Refresh Project. By voting once a day at [www.refresheverything.com](http://www.refresheverything.com) individuals can help Covenant Hospice obtain a grant for \$25,000. Covenant Hospice plans to offer 36 workshops on refreshing ways to support each other through change and loss. Currently, Covenant Hospice is in the top 5 ideas posted in the \$25,000 category.

If chosen for the Pepsi Refresh grant, Covenant Hospice will offer "Refresh Yourself" programs along the Gulf Coast. Three different educational presentations in each location will explore reactions to change and loss, teaching research-based tools from positive psychology on how to promote resilience and optimism. Other "refreshment" will include a meal, a children's program, and treats like massages and pedicures. Each family with children will receive a "Butterfly Bag" of expressive materials for use at home. Activities are free and conducted by Covenant Hospice employees and volunteers. For more information contact **Julie Patton** at 850-433-2155.

Covenant Hospice is a not-for-profit organization dedicated to providing comprehensive, compassionate services to patients and loved ones during times of life-limiting illnesses.

### **PRESS RELEASE**

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### **FOR IMMEDIATE RELEASE**

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